



WHAT THE EYE DOESN'T SEE,  
THE HEART OF MEN WON'T MOVE  
MEN'S JOURNAL

### Weekly Journal Prompts

- **Scripture Reflection:** What does this week's verse teach me about peace?
- **Life Application:** Where do I need God's peace most right now?
- **Prayer:** Ask God to bring peace into a specific area of life.
- **Action Step:** One practical way to live out peace this week.

### Daily Outline

1. **Opening Prayer** — Invite God's presence.
2. **Verse of the Day** — Write it down.
3. **Reflection** — What does this verse mean for me today?
4. **Life Connection** — How can I walk in peace at home, work, or community?
5. **Closing Prayer** — Commit the day to God.

### Men's Bible Journal Life Outline (Theme: *Peace*) Core Verse for the Year

- *"Peace, I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."* — John 14:27

## 📅 Monthly Focus (12 Months of Peace)

Month	Focus	Scripture	Life Application
January	<b>Peace with God</b>	Romans 5:1	Journaling on salvation and trust in God's plan.
February	<b>Peace in Relationships</b>	Matthew 5:9	Reflect on forgiveness, reconciliation, and being a peacemaker.
March	<b>Inner Peace</b>	Philippians 4:6–7	Write about prayer, anxiety, and God's calming presence.
April	<b>Peace in Trials</b>	John 16:33	Journal about endurance and faith during challenges.
May	<b>Peace through Obedience</b>	Isaiah 32:17	Explore how following God's commands brings stability.
June	<b>Peace in Family Life</b>	Colossians 3:13–15	Reflect on patience, love, and unity at home.
July	<b>Peace in Work</b>	Ecclesiastes 3:13	Write about diligence, contentment, and balance.
August	<b>Peace in Community</b>	Hebrews 12:14	Journal on serving others and promoting harmony.
September	<b>Peace in Worship</b>	Psalms 29:11	Reflect on God's strength and peace in worship.
October	<b>Peace in Giving</b>	2 Corinthians 9:7–8	Write about generosity and trusting God's provision.
November	<b>Peace in Gratitude</b>	1 Thessalonians 5:16–18	Journal on thanksgiving and joy.
December	<b>Peace in Hope</b>	Romans 15:13	Reflect on Christ's coming and eternal peace.